

Exercise 3 - APPENDIX 2

SCORECARD



You have chosen at least **6 answers** for answer **A**:

You are more of a **follower** who prefers not to be in the limelight and likes to go through life inconspicuously. Self-doubt and a lack of self-confidence are something to work on.

You have chosen at least **6 answers** for answer **B**:

You are quite an **assertive type**, you know what you want and make sure to schedule some me-time. In general, you are confident, stand up for yourself and set boundaries.

You have chosen at least **6 answers** for answer **C**:

You are somewhat **reserved**, you don't feel the need to talk about everything. Your mantra is silence is golden. You are happy to help others, but being in the spotlight is not your thing.

Have you **not chosen 6 or more answers** for a specific letter anywhere?

You are clearly **someone who can easily adapt to different situations**. You can sometimes be assertive, but you're great at working out in which situations you're better off staying in the background.