

Exercise 2**SIMILARITIES GAME****SITUATION**

Forming groups, recognising oneself in someone else, creating a safe environment

**PARTICIPANTS**

Variable

**MATERIAL**

- **Appendix 1:** Questionnaire – print one per participant or put one on display
- Beamer, screen, sound installation and internet connection (if you want to show the video)

**TIME**

+/- 20 minutes

OBJECTIVES

- Insight into similarities shared with other participants

**SEQUENCE****The trainer:**

1. Run through the questionnaire with the participants in advance so they can prepare what to say later on.
2. Ask all the participants to stand in a circle.
3. Points to a participant and ask them to introduce themselves based on the questionnaire.
Every time they say something that also applies to someone else, that person sits down. The aim is to have everyone sit down as fast as possible.
4. Do this for a couple of rounds. Repeat moves 2 and 3 until all the participants have introduced themselves.
5. Discuss the shared similarities.
6. (If possible) watch a video about diversity and similarities with the group:
<https://www.youtube.com/watch?v=8WLY5TXv9Ng&t=30s>