

# BASIC AGREEMENTS WHEN DISCUSSING THE TOPIC OF INAPPROPRIATE CONDUCT



## SITUATION

Creating safety in the group through making agreements



## PARTICIPANTS

Variable



## MATERIAL

Board and markers



## TIME

10 minutes

## OBJECTIVE

- Creating a safe space in which housekeepers can freely express their opinions and feelings



## SEQUENCE

### The trainer:

1. Writes the words in the first column on the board.
2. Goes through the words one at a time to emphasise their meaning for the upcoming conversation.
3. Asks if everything is clear and if everyone agrees with it.



<b>Privacy</b>	Personal information is confidential and stays within the group.
<b>'I' form</b>	You talk about yourself and your own feelings, experiences and views. Be open and honest.
<b>Difference</b>	Everyone has different boundaries. What one person considers okay can be different for someone else. Inappropriate conduct is different for everyone. It's okay to name these differences but not to judge them.
<b>Choose</b>	Choose what you do and don't want to say. Whatever you don't want to say, doesn't have to be said. When you do say something, make sure you are being honest and sincere.
<b>Active</b>	Actively participate in group conversations. If you speak up about your opinions and feelings, other people will do so more easily too. By actively sharing, you invite other people to do the same.
<b>Listening</b>	It is important to listen. When you listen, you not only keep quiet while someone else is talking, but you also adjust your body language. Be aware of this when someone else is speaking.
<b>Laughing</b>	Humour is important. It can sometimes help to express difficult things. Or you can use it to lighten up a subject. Mockery is not acceptable.